



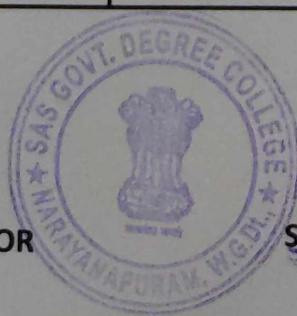
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S.A.S. GOVERNMENT DEGREE COLLEGE
NARAYANAPURAM, W.G DISTRICT – 534406
(AFFILIATED TO ADIKAABI NANNAYA UNIVERSITY, RAJAMAHENDRAVARAM)
Phone: 08818 252189, E-mail: narayapuram.jkc@gmail.com



NATIONAL SERVICE SCHEME
ACTIVITYREPORT FOR THE ACADEMIC YEAR 2021-2022

S.NO	PARTICULARS	DETAILS OF THE EVENT
1	NAME OF THE EVENT	INTERNATIONAL YOGA DAY
2	TITLE OF THE EVENT	AWARENESS PROGRAMME ABOUT YOGA
3	DATE OF THE EVENT	21/06/2022
4	ORGANIZED BY	DEPT. OF NSS
5	NAME OF THE EVENT COORDINATOR	SMT. G. NIRMALA JYOTHI
6	COURSE/CLASS/ GROUP PARTICIPATED	BSC/B.COM/BA
7	NO. OF STUDENTS PARTICIPATED	60
8	NAME OF THE RESOURCE PERSON	DR. T. K. VISWASVARA RAO & A. ASHWINI
9	OBJECTIVE(S) OF THE EVENT	1. TO PRACTICE MENTAL HYGIENE
		2. TO PROCESS EMOTIONALLY STABILITY
		3. TO ATTAIN A HIGHER LEVEL OF CONSCIOUSNESS AND HEALTH
10	OUTCOME(S) OF THE EVENT	1. YOGA HELPS WITH BACK PAIN RELIEF
		2. YOGA BENEFITS HEART HEALTH
		3. YOGA HELPS TO MANAGE STRESS
11	WHETHER THE EVENT PUBLISHED IN THE NEWSPAPER? IF YES, ATTACH THE NEWSPAPER CLIPPINGS	YES
12	PHOTO GALLERY (USE SEPARATE SHEETS FOR PHOTOS)	YES

Programme Officer
G. Nirmala
NARAYANAPURAM, W.G DISTRICT
Tadipatri Taluk W.G DISTRICT



R. Chaitanya Reddy
PRINCIPAL
SAS GOVT. DEGREE COLLEGE
NARAYANAPURAM
West Godavari District.



G. Nirmala
 Program Officer
 S.S. Unit, S.A.S. Govt. College
 NARAYANAPURAM.
 Tadepalligudem Taluk W.G. Dist.

Principal
 SAS GOVT. DEGREE COLLEGE
 NARAYANAPURAM
 West Godavari District.
 Pin: 534 406, Andhra Pradesh