



NATIONAL SERVICE SCHEME
ACTIVITY REPORT FOR THE ACADEMIC YEAR 2021-2022

S.NO	PARTICULARS	DETAILS OF THE EVENT
1	NAME OF THE EVENT	INTERNATIONAL YOGA DAY
2	TITLE OF THE EVENT	AWARENESS PROGRAMME ABOUT YOGA
3	DATE OF THE EVENT	21/06/2022
4	ORGANIZED BY	DEPT.OF NSS
5	NAME OF THE EVENT COORDINATOR	SMT.G.NIRMALA JYOTHI
6	COURSE/CLASS/ GROUP PARTICIPATED	BSC/B.COM/BA
7	NO. OF STUDENTS PARTICIPATED	60
8	NAME OF THE RESOURCE PERSON	DR.T.K.VISWASVARA RAO & A.ASHWINI
9	OBJECTIVE(S) OF THE EVENT	1. TO PRACTICE MENTAL HYGIENE 2. TO PROCESS EMOTIONAL STABILITY 3. TO ATTAIN A HIGHER LEVEL OF CONSCIOUSNESS AND HEALTH
10	OUTCOME(S) OF THE EVENT	1. YOGA HELPS WITH BACK PAIN RELIEF 2. YOGA BENEFITS HEART HEALTH 3. YOGA HELPS TO MANAGE STRESS
11	WHETHER THE EVENT PUBLISHED IN THE NEWSPAPER? IF YES, ATTACH THE NEWSPAPER CLIPPINGS	YES
12	PHOTO GALLERY (USE SEPARATE SHEETS FOR PHOTOS)	YES

Programme Officer
 Mr. N. Nirmala
 S.A.S. GOVT. DEGREE COLLEGE
 NARAYANAPURAM, W.G.D.
 Tadigudem Taluk, West Godavari District.
 Andhra Pradesh, India

SIGNATURE OF THE CO-ORDINATOR



R. Chaitanya Devi
 PRINCIPAL
 S.A.S. GOVT. DEGREE COLLEGE
 NARAYANAPURAM, W.G.D.
 Tadigudem Taluk, West Godavari District.
 Andhra Pradesh, India

SIGNATURE OF THE PRINCIPAL



G.N. Nimala
Programme Officer
S.S. Unit, S.A.S. Govt. College
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